



Physical Education Vision Statement 2014-2015

“For all children in Pudsey Bolton Royd Primary School to experience excellent physical education, school sport and physical activity that will lead to life-long participation.”

The physical education, sport and physical activity provided by Pudsey Bolton Royd Primary School promotes a long term healthy lifestyle which is enjoyable and fulfilling. Our children are inspired to become physically active, raise their attainment, extend their potential and develop a lifelong active lifestyle.

By placing PE at the heart of a broad and balanced curriculum, we aim to raise attendance and narrow the achievement gap. Our PE, sport and physical activity aspire to build self-esteem, teamwork and leadership skills, enabling each child to be the best they can be by:

- Improving health and well-being
- Raising achievement and sporting excellence
- Providing high quality opportunities and outcomes
- Encouraging community involvement
- Promoting lifelong learning, active participation and competition
- Having the emotional and thinking skills to achieve in PE and sport

PE Curriculum Area

In Physical Education, children take part in a wide variety of activities. They learn that being active is fun and that it is important to lead an active lifestyle. At the beginning of their school life children learn and explore basic fundamental movement skills; they develop these skills throughout their time at Bolton Royd and leave as confident movers able to play a wide range of sports.

At Key Stage One, children experience dance, games, athletics and gymnastics. At Key Stage Two, in addition to those taught earlier, pupils also have lessons in swimming and outdoor/adventurous activities.

In gymnastics, children use the mats and large apparatus which enable them to develop their gross motor skills (climbing, jumping, balance etc). We play a wide variety of team games and during fine weather we take advantage of our playing field and MUGA (Multi Use Games Area) for outdoor activities of many kinds. Lessons involving the use of small apparatus (bats, balls, skipping ropes etc) develop the children's fine motor skills, such as catching, throwing and hand/eye co-ordination. During the summer the children do athletics on the school field and learn the fundamentals of running, jumping and throwing events.

The children in Year 4 attend weekly swimming lessons at Bramley Baths, where they are taught in small groups. The programme includes water confidence, safety and stroke technique.

Year 6 children learn how to ride a bicycle safely and understand how bike riding can benefit their health and fitness through the Bikeability scheme.

School Sport and Physical Activity

As a school we participate in many sporting competitions including tennis, football, netball, rounders, cricket, athletics and sports hall athletics. We believe in healthy competition teaching the children to do their best and be gracious in victory and defeat.

The children in Years 1 to 6 compete in sports festivals against local primary schools. These are organised by Mr. Sutton from Priesthorpe Specialist Sports College and are always lots of fun. Children from our school have also attended a gifted and more able sports camp at Priesthorpe School during the Easter holidays where they tried a variety of sports; some of which they hadn't tried before. A similar camp is being planned for this year.

The school also runs a wide variety of after school and lunchtime clubs, which are led by specialist sports coaches and teachers. These include football, tennis, netball, cricket and rounders.

At lunchtimes the Year 6 Buddies run two areas of physical activity. The Buddy Zone offers activities such as skipping, hula hooping and stilt walking and the Sports Leaders offer small sided games such as football, netball and parachute games.

This year, Miss Searle and Year 5 mentors have been trained to run a Change 4 Life Club to children in Year 3 and 4. This club gives children a chance to experience new sports and activities as well as getting them to think about how they can make their lives more active and healthy.

Sports Premium

The government is providing additional funding of £150 million per annum for the academic years 2013/14, 2014/15 and 2015/16 to improve provision of physical education (PE), sport and physical activity in primary schools. This funding - provided jointly by the Departments for Education, Health and Culture, Media and Sport – is being allocated to all primary schools. This funding is ring-fenced and therefore can only be spent on provision for PE, sport and health and well-being in schools.

At Pudsey Bolton Royd Primary School we have identified several areas which we aim to improve and enhance through the use of Sport Premium funding, in order to raise participation and achievement for all pupils in PE, sport and physical activity. Part of the funding is paid towards being a member of Leeds Active Schools which is a city-wide partnership providing schools with training, support and resources. We are also a member of the Priesthorpe partnership which offers inter-school competitions, facilities, support and training.

Our identified priorities for spending the Sports Premium for 2014/15 are:

- *Improve staff skills and confidence in the teaching of PE through additional staff training;*
- *Continue the Sports Leader programme via School Council which will provide intra-school competitions and leadership opportunities for children throughout the school;*
- *Increase pupil participation in extra-curricular sports clubs, competitive sport and physical activity;*
- *Increase participation in intra and inter-school competition through releasing staff, membership of the local partnership (Priesthorpe), the Leeds partnership (Active Schools) and membership of the Youth Sports Trust.*
- *Changing the way swimming is being taught to the non-swimmers and from February 2015, starting the teaching of swimming in Year 3 instead of Year 4.*

PE and Sport play a very important part in the life of Pudsey Bolton Royd Primary School and at least two, hour sessions per week, are dedicated to physical activity in the curriculum. We believe that physical education and sport contribute to the holistic development of young people and through participation in sport and physical education, young people learn more about key values such as teamwork, fair play and respect for themselves and others.

There is significant evidence to show the positive effects of sport and exercise on children's physical health, growth and development. Furthermore, sport also provides a healthy environment for young people to learn how to deal with competition and how to cope with both winning and losing.

We are very proud that Pudsey Bolton Royd has been awarded the Bronze Schools Games Mark. The Sainsbury's Schools Games Mark is a government led awards scheme launched in 2012 to reward schools for their commitment to the development of competition across their school and into their community.