

**Pudsey Bolton Royd School PSHE long-term plan**

Term	Events	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Anti- bullying week  Black History month	<b>Physical health and wellbeing: Fun times</b>	<b>Physical health and wellbeing: What keeps me healthy?</b>	<b>Physical health and wellbeing: What helps me choose?</b>	<b>Identity, society and equality: Democracy</b>	<b>Physical health and wellbeing: In the media</b>	<b>Drug, alcohol and tobacco education: Weighing up risk</b>
Autumn 2	Internet safety taught at the start of every ICT lesson	<b>Keeping safe and managing risk: Feeling safe</b>	<b>Mental health and emotional wellbeing: Friendship</b>	<b>Keeping safe and managing risk: Bullying – see it, say it, stop it</b>  Water safety  Heart start	<b>Drug, alcohol and tobacco education: Making choices</b>	<b>Identity, society and equality: Stereotypes, discrimination and prejudice (including tackling homophobia)</b>	<b>Identity, society and equality: Human rights</b>
Spring 1	Internet safety taught at the start of every ICT lesson  Internet safety week	<b>Identity, society and equality: Me and others</b>  Keeping the body healthy (cross curric – science)  D-side Internet Safety	<b>Keeping safe and managing risk: Indoors and outdoors</b>  Making choices for a healthy life (cross curric – science)  D-side Internet Safety	<b>Drug, alcohol and tobacco education: Tobacco is a drug</b>  Eating Healthily, being active (cross curric – science)  D-side Internet Safety	<b>Physical health and wellbeing: What is important to me?</b>  Keeping Safe  D-side Internet Safety	<b>Keeping safe and managing risk: When things go wrong</b>  Recognising Risks and Responsibilities  D-side Internet Safety	<b>Mental health and emotional wellbeing: Healthy minds</b>  Personal Safety  D-side Internet Safety

Spring 2		<b>Drug, alcohol and tobacco education: What do we put into and on to bodies?</b>  Road safety Team  D-side medicine and drugs awareness  PSHE Anti-bullying circle times and class assemblies (weekly)	<b>Drug, alcohol and tobacco education: Medicines and me</b>  D-side medicine and drugs awareness  PSHE Anti-bullying circle times and class assemblies (weekly)	<b>Mental health and emotional wellbeing: Strengths and challenges</b>  D-side medicine and drugs awareness  Water safety Heart start PSHE Anti-bullying circle times and class assemblies (weekly)	<b>Keeping safe and managing risk: Playing safe</b>  D-side medicine and drugs awareness  PSHE Anti-bullying circle times and class assemblies (weekly)	<b>Mental health and emotional wellbeing: Dealing with feelings</b>  D-side medicine and drugs awareness  Pedestrian safety Road safety Team  PSHE Anti-bullying circle times and class assemblies (weekly)	<b>Keeping safe and managing risk: Keeping safe - out and about</b>  D-side medicine and drugs awareness  PSHE Anti-bullying circle times and class assemblies (weekly)
Summer 1	Internet safety taught at the start of every ICT lesson	<b>Mental health and emotional wellbeing: Feelings</b>	<b>Sex and relationship education: Boys and girls, families</b>	<b>Identity, society and equality: Celebrating difference</b>	<b>Sex and relationship education: Growing up and changing</b>	<b>Drug, alcohol and tobacco education: Different influences</b>  Work Related Learning and Enterprise (Junior Apprentice topic)	<b>Sex and relationship education: Healthy relationships / How a baby is made</b>  Pedestrian safety- Road safety Team/ transition to high school –safe walking
Summer 2		<b>Careers, financial capability and economic wellbeing: My money</b>		<b>Careers, financial capability and economic wellbeing: Saving, spending and budgeting</b>  Water safety Heart start		<b>Careers, financial capability and economic wellbeing: Borrowing and earning money</b>	<b>Bikeability Scheme</b> Heartstart

PSHE units taught additionally to the 'You, Me, PSHE' scheme of work.

Internet safety ongoing through lessons : To use technology safely and respectfully, keeping personal information private; identify where to go for help and support when they have concerns about content or contact on the internet or other online technologies.

Food and hygiene safety taught through food technology curriculum.