

d:side teaching modules Drug & Alcohol Programme

Year Group	Objective's	Lesson Content
Reception	<ul style="list-style-type: none"> + To identify a range of emotions and how to deal with them. + To identify the need to take care of the body. + To increase knowledge about the effects of medicines on the body. 	<ul style="list-style-type: none"> + Different feelings people get (sad / cross/ worried / happy). + Feelings bingo. + Murphy Mouse medicine chat. + Meet Murphy Mouse.
Year 1	<ul style="list-style-type: none"> + To identify basic internal parts of the body and their position and function. + To identify foods that are healthy. + To identify items in the house that are not safe to eat or touch. 	<ul style="list-style-type: none"> + Help 'Q' the Robot answer questions relating to how our body works / healthy lunchboxes / medicine / household objects / exercise and rest.
Year 2	<ul style="list-style-type: none"> + To identify differences in our appearance. + To identify internal parts of the body and their position and function. + To identify ways in which we can value ourselves and value others. 	<ul style="list-style-type: none"> + How we are different to our friends / classmates. + How our body work. + Being Special.
Year 3	<ul style="list-style-type: none"> + To increase knowledge about the effects of smoking on the body and brain. + To reflect on the influence of friends and peer groups and identify strategies to deal with peer pressure. 	<ul style="list-style-type: none"> + What is in a cigarette. + How smoking affects the body & brain. + Passive smoking. + Why people smoke. + Peer Pressure activity. + Cost of smoking.
Year 4	<ul style="list-style-type: none"> + To increase knowledge about the effects of alcohol on the body and brain. +To reflect on the influence of friends and peer groups and identify strategies to deal with peer pressure. 	<ul style="list-style-type: none"> + Conceptions about people whom drink alcohol. + How alcohol affects the body & brain. + Alcoholic drinks and their strength. + Why people drink / don't drink. + Assertiveness role play.
Year 5	<ul style="list-style-type: none"> + To increase knowledge about the effects of Volatile Substances on the body and brain. + To discuss the meaning of the term 'risk', and explore the element of risk in certain situations. + To explore ways of dealing with potentially dangerous situations and consider consequences. 	<ul style="list-style-type: none"> + Risk taking activity. + Household products – which are safe / unsafe. + How Volatile substances affect the body & brain. + Keeping safe. + Peer pressure activity.
Year 6	<ul style="list-style-type: none"> + To increase knowledge about the effects of cannabis and other drugs on the body and brain. + To identify some drugs and their classifications. 	<ul style="list-style-type: none"> + Drugs that we have heard of. + How Cannabis affects the body & brain. + Drug Discussion. + Drug Goggles.

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Internet Safety & Social Media Awareness

Year Group	Objective's	Lesson Content
Year 1	<ul style="list-style-type: none"> + How to keep ourselves safe when we are on the internet (online). + Know what we can use the internet for. + Know what information is safe to share (or tell people) on the internet. + Know what information is not safe to share (or tell people) on the internet. + Know what to do if we are not sure. 	+ Help 'Mitch the Monkey' answer questions relating to how and what we use computers and the internet for. Why could the internet be dangerous? Who is safe / unsafe to share personal information with?
Year 2	<ul style="list-style-type: none"> + How to keep ourselves safe when we are on the internet (online). + Know what we can use the internet for. + Know what information is safe to share (or tell people) on the internet. + Know what information is not safe to share (or tell people) on the internet. + Know what to do if we are not sure. 	+ Help 'Mitch the Monkey' answer questions relating to how and what we use computers and the internet for. Why could the internet be dangerous? Who is safe / unsafe to share personal information with?
Year 3	<ul style="list-style-type: none"> + Responsible & safe use of the internet. + Using emails safely. + Looking after each other on the Internet. + Guarding personal information and self-protection. 	+Why could the internet be dangerous? How could we make it safer? Look at personal information that we share. Discuss the use of age appropriate games, and platforms such as YouTube, Social Media. Do we always know who we are chatting to online?
Year 4	<ul style="list-style-type: none"> + Responsible & safe use of the internet. + Using emails safely. + Looking after each other on the Internet. + Guarding personal information and self-protection. 	+Why could the internet be dangerous? How could we make it safer? Look at personal information that we share. Discuss the use of age appropriate games, and platforms such as YouTube, Social Media. Do we always know who we are chatting to online?
Year 5	<ul style="list-style-type: none"> + How to use emails safely. + Safe texting and picture messaging. + Social networking & profiling. + Responsible & safe use of the internet (logins, password protection, personal information and self-protection). 	+ Focus on areas of Social Media such as Chat Rooms. Do we know who we are chatting with? Discuss reasons why there are recommended ages on certain areas of social media / games. Talk about the potential dangers of Facebook, Instagram, Oovoo, etc.
Year 6	<ul style="list-style-type: none"> + How to use emails safely. + Safe texting and picture messaging. + Social networking & profiling. + Responsible & safe use of the internet (logins, password protection, personal information and self-protection). 	+ Focus on areas of Social Media. Look at the area of profiles. Setting up a safe profile. Safety rules around Facebook, Instagram, Oovoo, etc. YouTube channels and posting videos online. Is it safe?