

P E Long Term Plan – 2019 - 2020

| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|-----------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|
| Reception | Foundation Stage Curriculum | Foundation Stage Curriculum | Foundation Stage Curriculum | Foundation Stage Curriculum | Foundation Stage Curriculum | Foundation Stage Curriculum |
| Year 1 | Attack Defend Shoot Unit 1 | Dance Unit 1 | Attack Defend Shoot Unit 2 | Gymnastics Unit 2 | Hit Catch Run Unit 2 | Send and Return Unit 2 |
| | Gymnastics Unit 1 | Hit Catch Run Unit 1 | Dance Unit 2 | Send and Return Unit 1 | Run Jump Throw Unit 1 | Run Jump Throw Unit 2 |
| Year 2 | Attack Defend Shoot Unit 1 | Hit Catch Run Unit 1 | Send and Return Unit 1 | Dance Unit 2 | Hit Catch Run Unit 2 | Send and Return Unit 2 |
| | Gymnastics Unit 1 | Dance Unit 1 | Gymnastics Unit 2 | Skipping | Run Jump Throw Unit 1 | Attack Defend Shoot Unit 2 |
| Year 3 | Gymnastics Unit 1 | Dance Unit 1 | Football | Netball | Cricket | Tennis |
| | Swimming | | Swimming | | Swimming | |
| Year 4 | Gymnastics Unit 1 | Skipping | Netball | Tag Rugby | Hockey | Cricket |
| | Tennis | Football | Gymnastics Unit 2 | Dance | Rounders | Athletics |
| Year 5 | Hockey | Dance | Gymnastics Unit 2 | Tennis | OAA | Cricket |
| | Gymnastics Unit 1 | Netball | Football | Tag Rugby | Athletics | Rounders |
| Year 6 | Tag Rugby | Dance | Hockey | OAA | Rounders | Cricket |
| | Football | Netball | Gymnastics | Tennis | Athletics | Athletics |