



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Cheese & Tomato Pizza	Chicken & Vegetable Pie	Roast Gammon	lamb Lasagne	Battered Fish Fillet
Vegetables	Garden Peas	Fresh Cabbage	Fresh Broccoli	Sweetcorn	Mushy Peas
Vegetarian	Cheese & Tomato Pizza	Quorn Sausage Roll	Vegetable & Lentil Korma	Basil & Tomato Pasta	Cheese & Onion Omelette
Halal	Tomato & tomato Pizza	Halal Chicken & Vegetable Casserole	Halal Roast Chicken Fillet	Halal Chicken Curry	Battered Fish Fillet
Potato/Starch/Carbohydrates	Seasoned wedges	New Potatoes	Brown Rice	Pasta / Garlic bread/naan Bread	Oven Chips
Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt
Dessert	Iced Sponge	Shortbread Biscuit	Fresh Fruit Platter	Flapjack	Chocolate Sponge
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Jacket Potato	Cheese & Beans	Tuna Mayonnaise	Cheese	Tuna & Sweetcorn	Cheese & beans



WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Cheese & Tomato Pizza	Baked Pork Sausage & Onion Gravy	Roast Turkey & Seasoning	Chicken Tikka Masala	Fishcake
Vegetables	Salad/coleslaw	Green Cabbage	Fresh Broccoli	Whole Green Beans	Garden Peas
Vegetarian	Cheese & Tomato Pizza	Vegetarian Sausage & Onion Gravy	Filled Omelette	Quorn & Roast Veg Wrap	Cheese Flan
Starch / Potato / Carbohydrate	Pizza base/Wedges	Baby Boiled Potatoes	Roasted Potatoes	Brown Rice & Naan Bread	Oven Baked Chips
Halal	Cheese & Tomato Pizza	Halal Meatballs in Gravy	Halal Roast Chicken & Seasoning	Halal chicken Vegetables in Soy Sauce	Fish Cake
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Dessert	Jam Sponge	Fruit Platter	Rice pudding & Raisins	Muffin	Flapjack
Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt
Jacket Potato	Cheese	Tuna Mayonnaise	Cheese & Beans	Tuna Mayonnaise	Baked Beans & Cheese



WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Cheese & Tomato Pizza	Lamb Shepherd's Pie	Roast Turkey & Gravy	Chicken Korma & Boiled Rice	Breaded Fish Fingers Salmon Fish Fingers
Vegetables	Sweetcorn	Fresh Sliced Carrots	Fresh White Cabbage/carrot	Whole Green Beans	Mushy Peas
	Fresh Salad	Broccoli Florets	Diced Carrot	Mixed Peppers	Baked Beans
Vegetarian	Cheese & Tomato Pizza	Roasted Vegetable hotpot	Roast Quorn Fillet	Cheese & Tomato Pasty	Vegetable bean Burger
Starch Potato Carbohydrate	Wedges /Pizza base	Mashed Potato Topping	Roast Potatoes//Yorkshire Puddings	Boiled Rice	Oven Baked Chips
Halal	Cheese & Tomato Pizza	Halal Chicken Curry & Rice	Halal Roast Chicken	Halal Beef Lasagne	Breaded Fish Fingers
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Dessert	Marble sponge	Raspberry Muffin	Fresh Fruit Platter	Syrup sponge	Chocolate Cookie
Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt
Jacket Potato	Cheese	Tuna Mayonnaise	Cheese Mayonnaise	Baked Beans	Cheese

